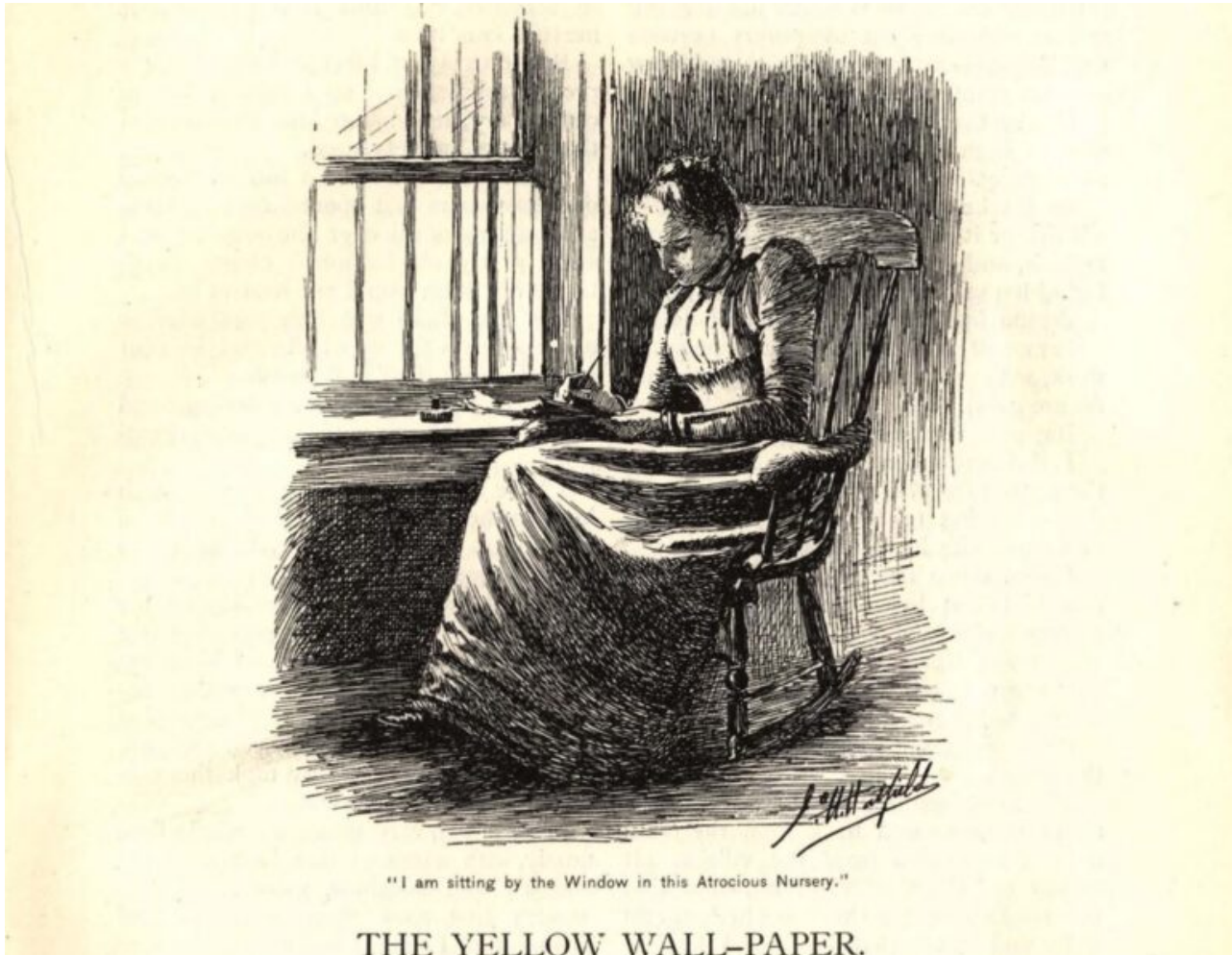


If You Give a Neurasthenic Milk (and a Cookie): Revisiting “The Yellow Wall-Paper” and the Rest Cure through the “Milk Diet”



In theory, starting the “rest” cure off with rest sounds good, ideal even, but sleep caused by lack of sustenance is not the same as healthy sleep that replenishes energy.

Glimpses of Their Lives: Slavery and

Emancipation at the Colonel John Ashley House



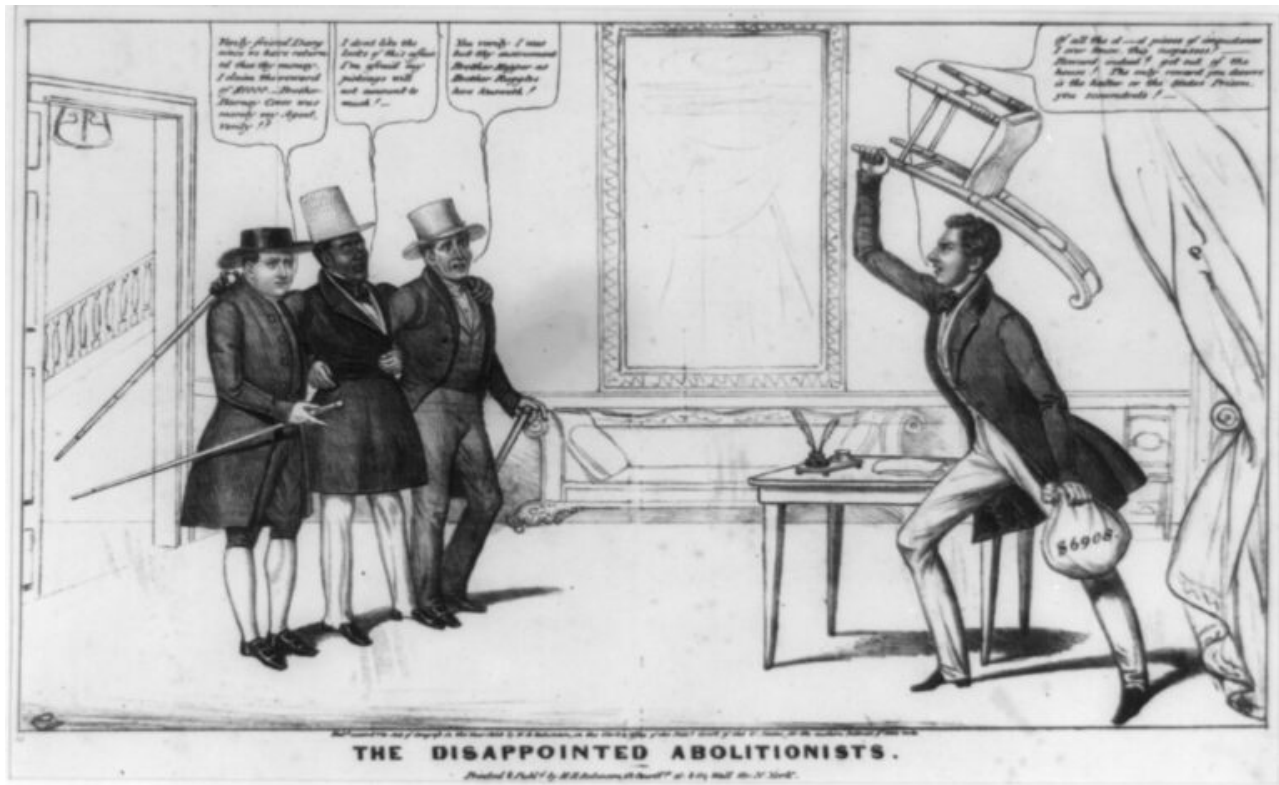
These individual biographies seek to foreground the experiences of all the individuals held in bondage by the Ashley family.

Editor's Note: News, Newspapers, and the Meaning of Revise and Resubmit



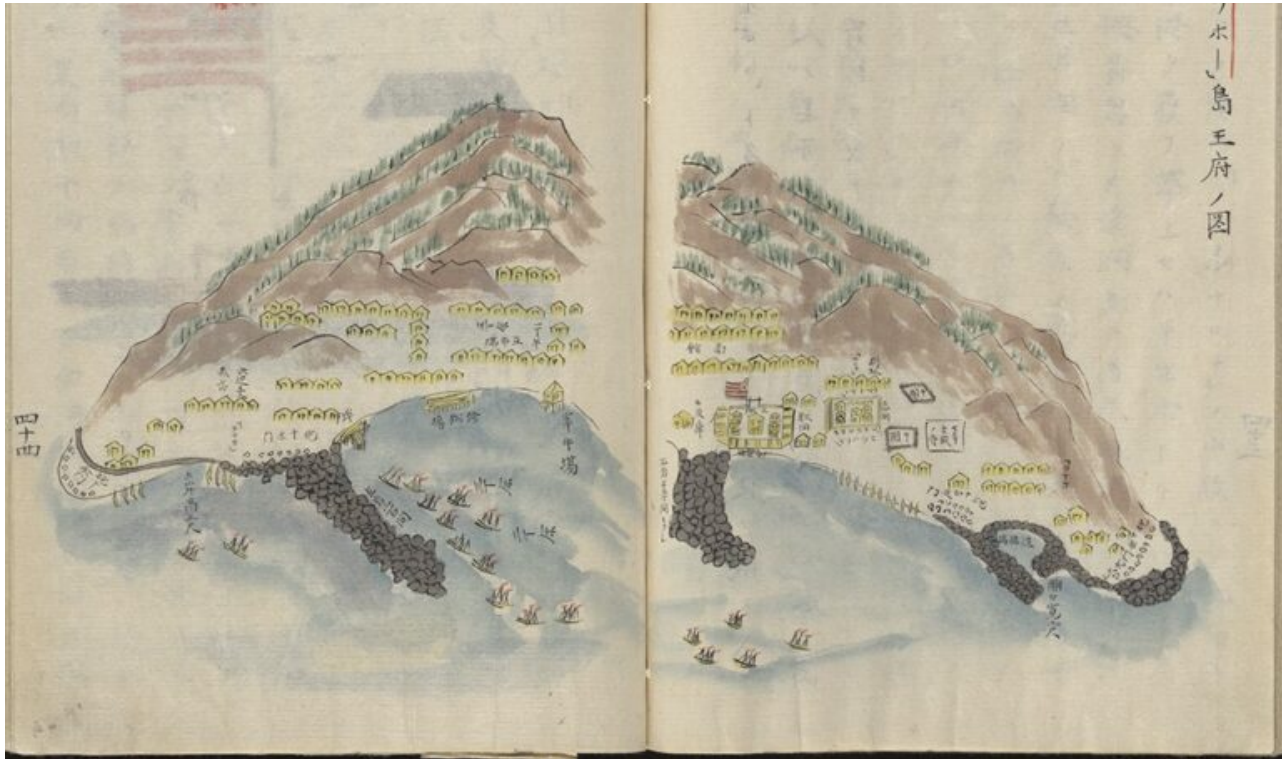
I have said in several venues that I never really know which articles will generate the most readers, so I feel that it is important for authors to not to lose their unique voice.

[The Tedious Heroism of David Ruggles](#)



History also changes because of strange, flawed, deeply human people doing unremarkable, tedious, and often boring work.

Before the Gannenmono: The First Japanese in the Hawaiian Islands



Though these gannenmono are often regarded as the first Japanese in Hawai'i, many of their countrymen had already visited the islands for at least sixty years, and probably much longer than that.

[The Trial That Sparked Maine's 1840 Abortion Statute](#)



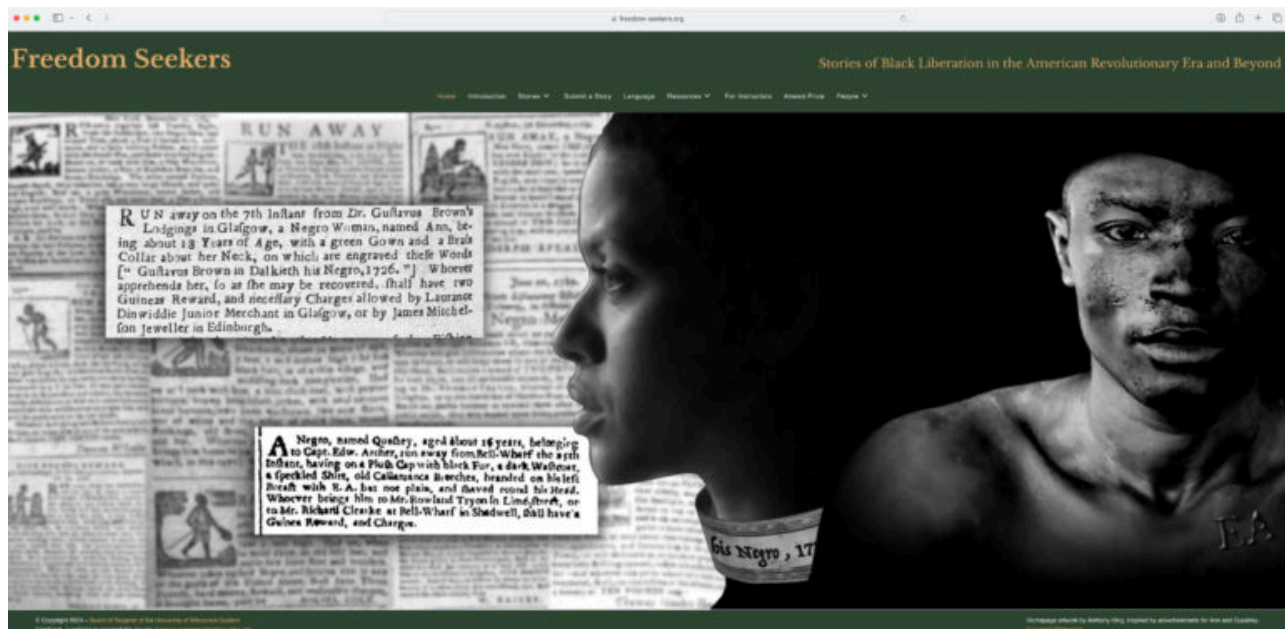
Maine passed its first abortion statute in 1840, not long after the pardon of Dr. Call. Could there be a connection?

[Flowers of the Sea: Marine Specimens at the Anti-Slavery Bazaar](#)



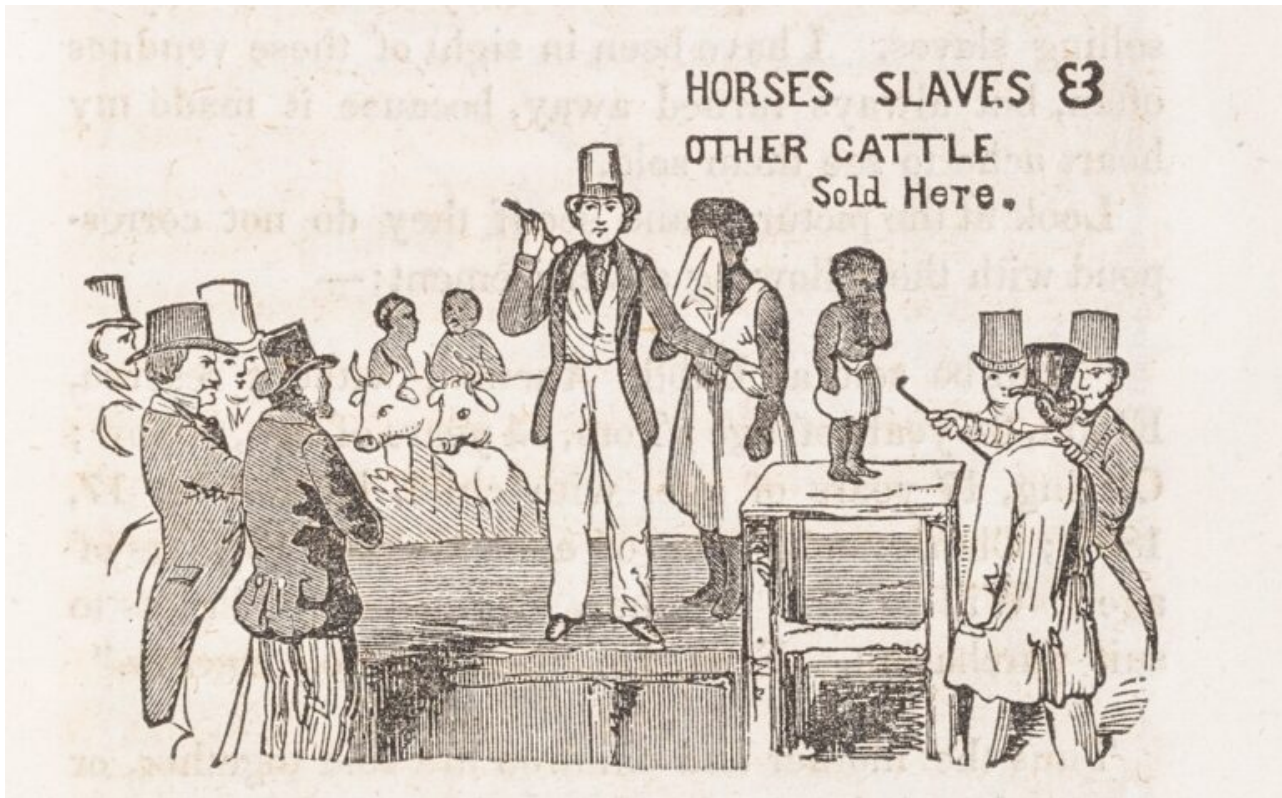
When looking closer at the presence of marine specimens at American anti-slavery fairs, it becomes clear that these objects were more than items of natural curiosity.

Freedom Seekers: Stories of Black Liberation in the American Revolutionary Era and Beyond



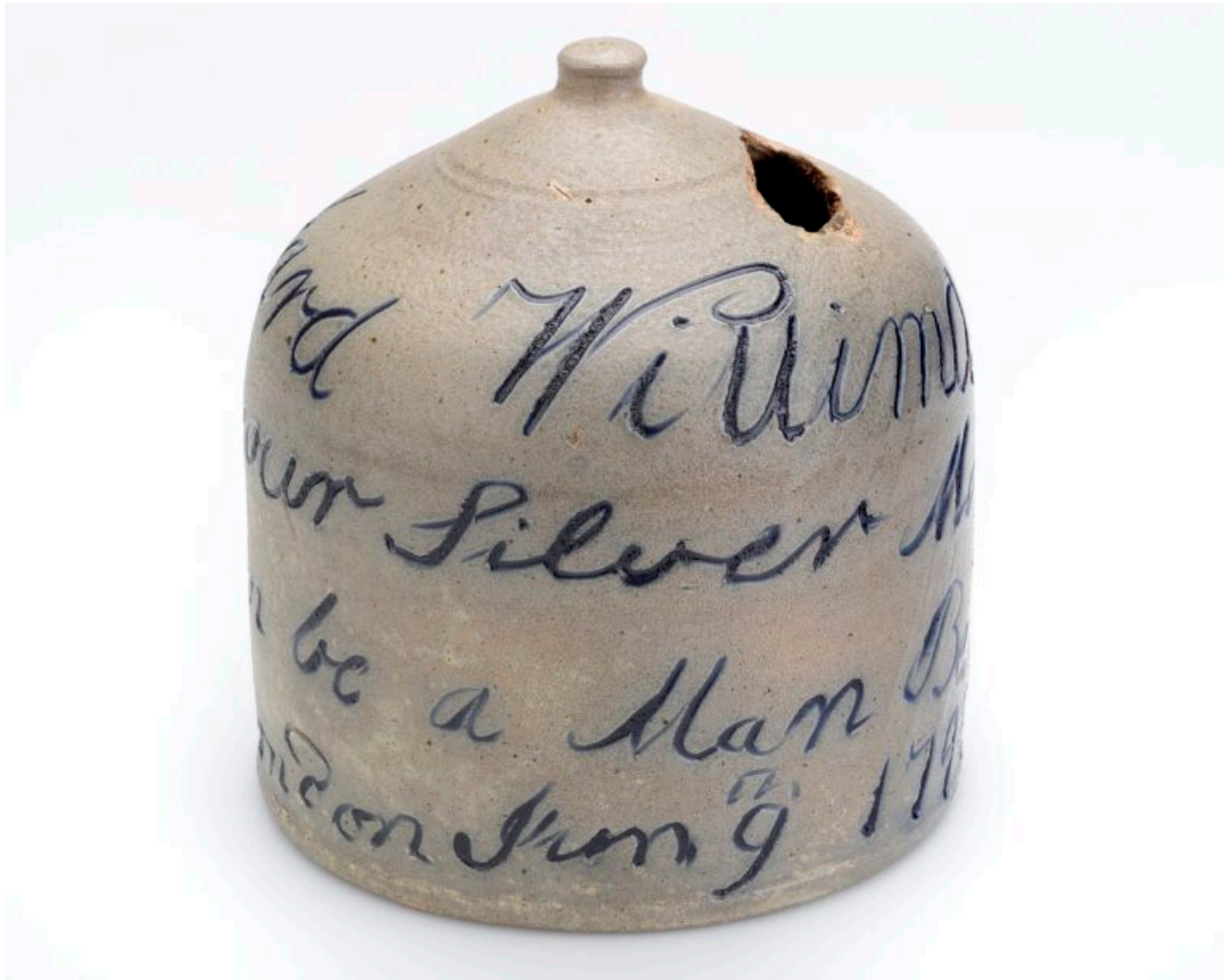
Freedom Seekers will show how all kinds of men, women, and children who escaped were important actors in the challenge not just to their own enslavement but to slavery more broadly.

Not “Three-Fifths of a Person”: What the Three-Fifths Clause Meant at Ratification



Denials of Black humanity, free and enslaved, coexisted with explicit acknowledgment that enslaved Black people, though legally deemed "property," were people.

[Seeing Slavery in Eighteenth-Century American Salt-Glazed Stoneware: Richard Williams' Savings Bank](#)



It was a relentless circle of brutal exploitation in which the salt raked by Mary Prince and other enslaved people was sold to northern fishermen who sold it back southward in the form of salted fish with which to feed the enslaved who raked the salt.