

## Bewilderment as a Way of Understanding America's Present – and Past

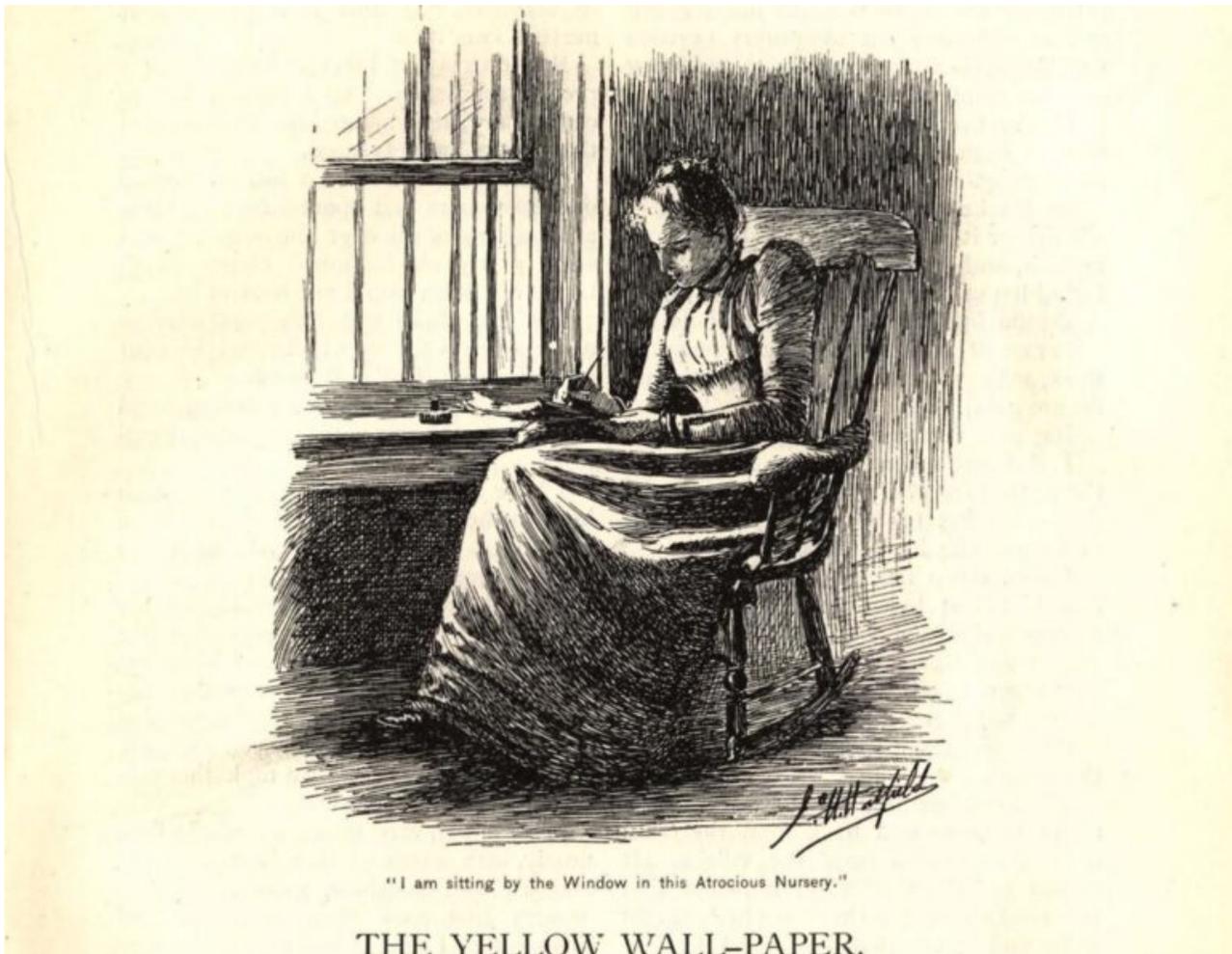


Circumstances in which people are feeling extreme disorientation are potent breeding grounds for people who are willing to exploit it to take advantage in moments of crisis.

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## If You Give a Neurasthenic Milk (and a Cookie): Revisiting "The Yellow Wall-

## Paper” and the Rest Cure through the “Milk Diet”



In theory, starting the “rest” cure off with rest sounds good, ideal even, but sleep caused by lack of sustenance is not the same as healthy sleep that replenishes energy.

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## Glimpses of Their Lives: Slavery and Emancipation at the Colonel John Ashley House



These individual biographies seek to foreground the experiences of all the individuals held in bondage by the Ashley family.

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## **Editor's Note: News, Newspapers, and the Meaning of Revise and Resubmit**

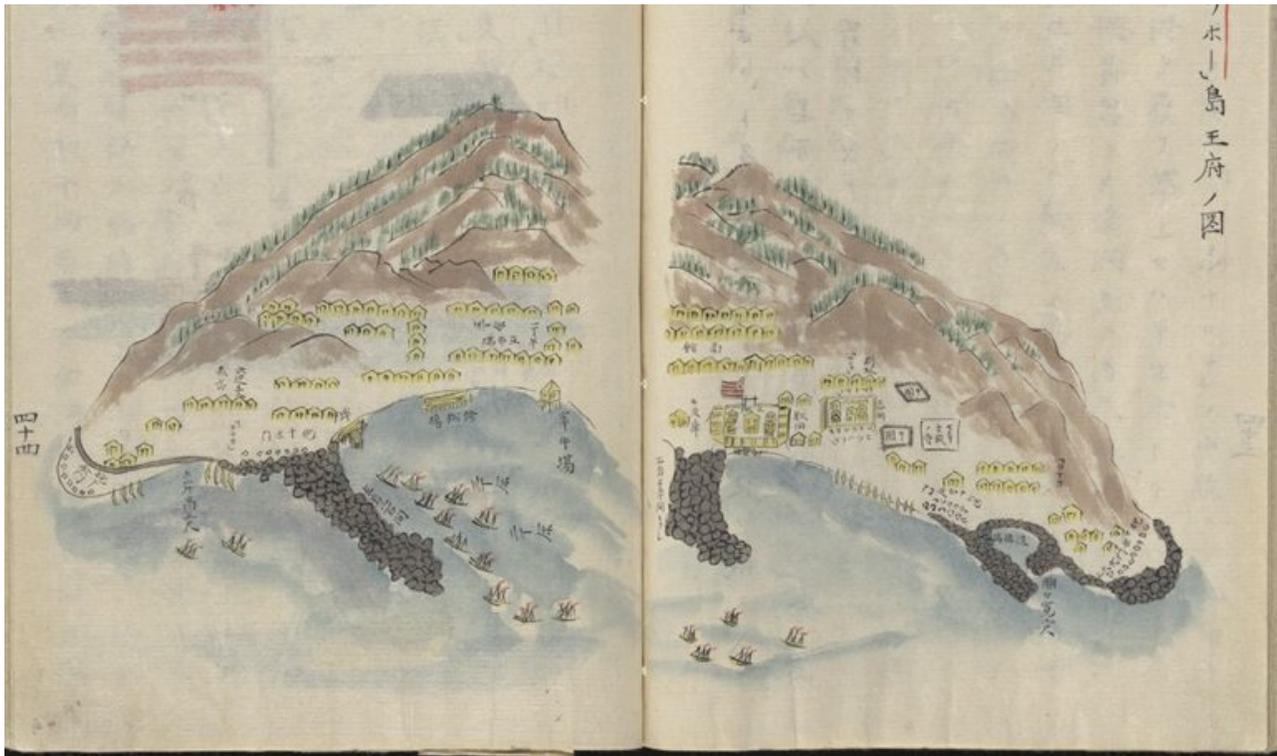


I have said in several venues that I never really know which articles will generate the most readers, so I feel that it is important for authors to not to lose their unique voice.

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## [The Tedious Heroism of David Ruggles](#)





Though these gannenmono are often regarded as the first Japanese in Hawai'i, many of their countrymen had already visited the islands for at least sixty years, and probably much longer than that.

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## [The Trial That Sparked Maine's 1840 Abortion Statute](#)



Maine passed its first abortion statute in 1840, not long after the pardon of Dr. Call. Could there be a connection?

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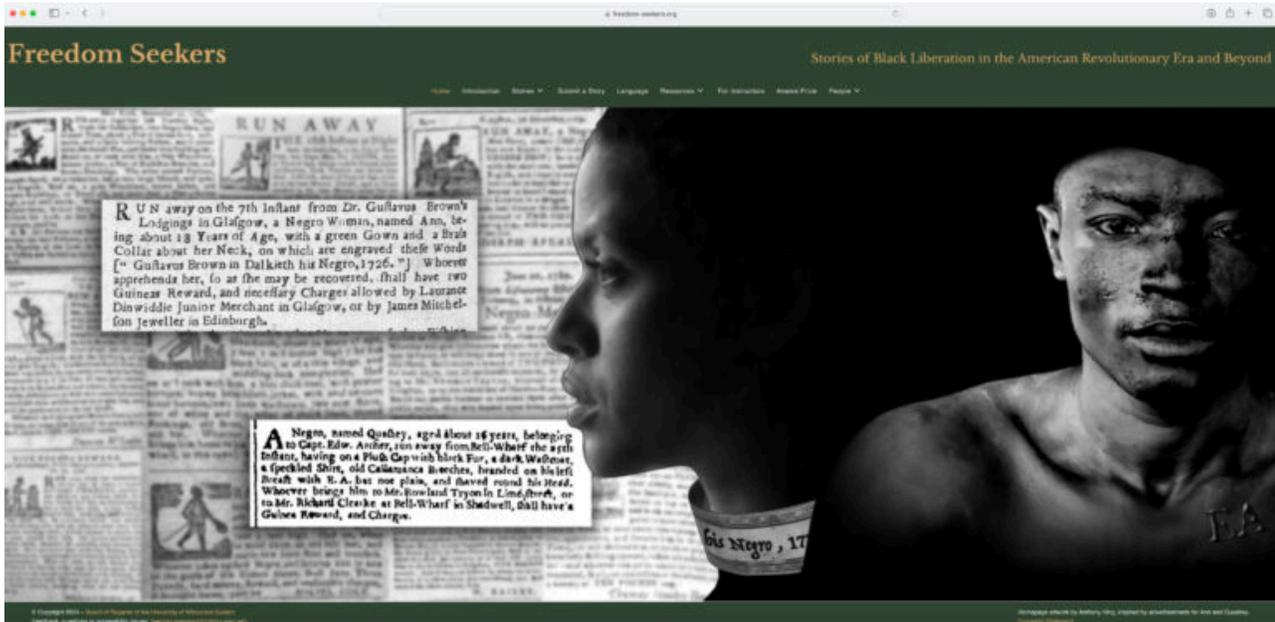
## [Flowers of the Sea: Marine Specimens at the Anti-Slavery Bazaar](#)



When looking closer at the presence of marine specimens at American anti-slavery fairs, it becomes clear that these objects were more than items of natural curiosity.

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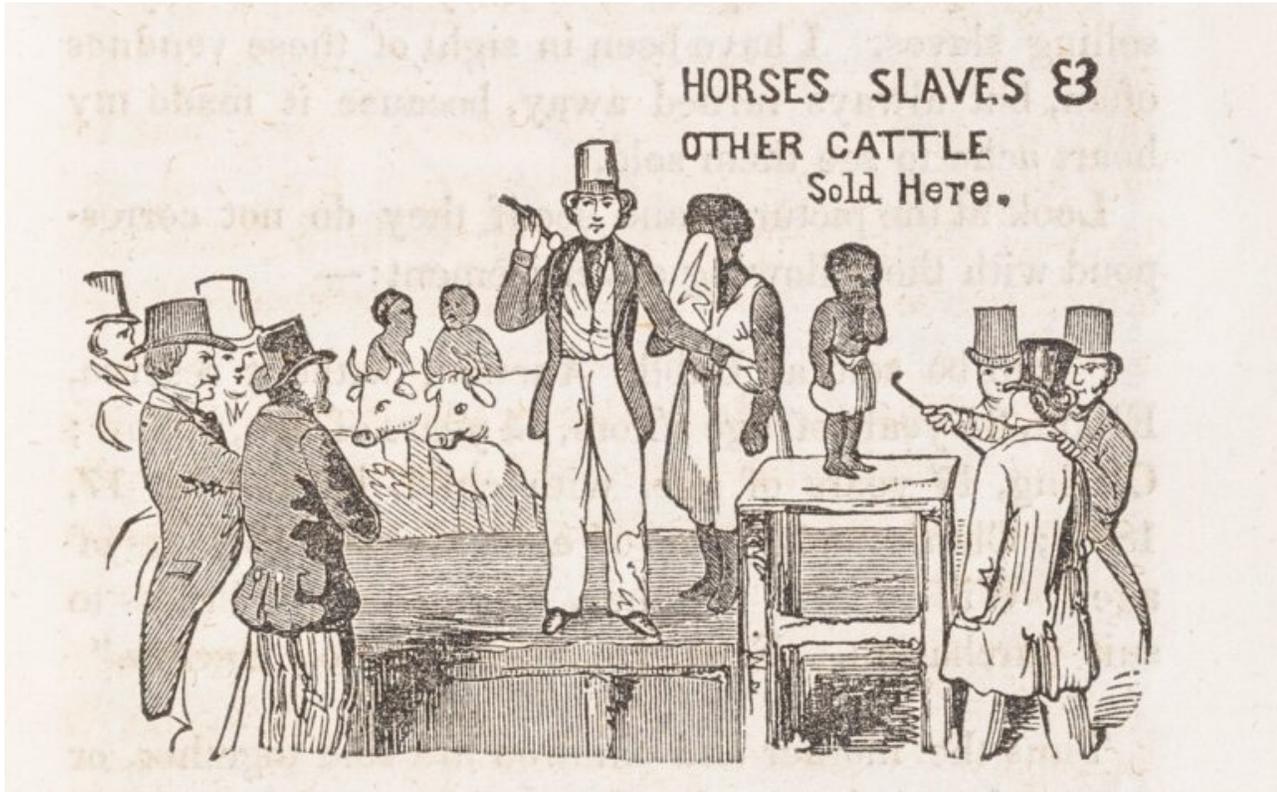
## [Freedom Seekers: Stories of Black Liberation in the American Revolutionary Era and Beyond](#)



Freedom Seekers will show how all kinds of men, women, and children who escaped were important actors in the challenge not just to their own enslavement but to slavery more broadly.

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## [Not “Three-Fifths of a Person”: What the Three-Fifths Clause Meant at Ratification](#)



Denials of Black humanity, free and enslaved, coexisted with explicit acknowledgment that enslaved Black people, though legally deemed “property,” were people.